



SARA ALBA - contemporary dancer

## MINI BIOGRAPHY

SARA ALBA is a contemporary dancer, performer and teacher. She lives and works in Bogotá, Colombia where she is involved in two dance companies, and teaches

Contemporary Dance at universities and institutions.



## EDUCATION

Sara Alba studied dance in Colombia, Spain, Germany and The Netherlands. She received her grade in contemporary dance in 2005 from the Dutch university **ARTEZ**. During her educational career she had good access to Classical Ballet, Modern Dance (Graham and Cunningham Technique), Contemporary Dance, Modern Jazz, Partnering, Improvisation, Composition and Theatre.

## BIOGRAPHY

### FIRST STEPS

In 1986 (7 years old) Sara Alba joined her first classical ballet class at 'CaliDanza', a dance school in her hometown Cali. Years later she met the inspiring dancer/choreographer **Humberto Canessa**; a man from Costa Rica who would continue to have a great influence on her. Soon



she became involved with Canessa's **LINCE Foundation**, a group which is described as an *'interdisciplinary laboratory of the body and the scene'*. After this experience she had the chance to enjoy lessons in Bogota's Contemporary School of Dance: **EcoDanza**. Here she met new passionate teachers for Ballet, Contemporary Dance, Modern Dance and Jazz. In 2000 she came to perform in a company called **BeC** (Contemporary Experimental Ballet) directed by **Eugenio Cueto** and shortly after this she felt she was ready to go to for her studies abroad.



### DANCING IN EUROPE

In Europe gave Sara a great chance to develop her skills. (more)

### BACK IN COLOMBIA

When Sara Alba returned to Colombia in 2005, new dance projects appeared. She came to work with choreographers such as **Carlos Latorre**, **Edgar Laiseca**, **Fernando Ovalle**, **Edwin Vargas** and **Martha Hincapié**. As a result she joined the Colombian dance company **Korpe Dance** (directed by Vargas) and the Colombian-German company called **Periferic** (directed by Hincapié).



### TEACHING DANCE

Sara developed her pedagogic skills as a Contemporary Dance Teacher at the reknown **ASAB**, **Universidad Distrital Francisco José de Caldas** (Facultad de Artes) and the wonderful **Politécnico Grancolombiano** a university. Here she created (and directs) the representative group "**Cuerpos de Agua**". From

2007 on this contemporary group is participating in the **Festival Universitario de Danza Contemporánea** organized by the Universities Tadeo Lozano and Nacional de Colombia each year.





*Sara was born on Cali, a Colombian city which people refer to as the 'capital of salsa'. As a kid Sara learned to dance and move, jumping her feet during family celebrations and cultural events. It made her connected to the body, music and movement at an early stage. Only 7 years old she found that she had a huge personal interest in dancing, and her passion was preserved ever since.*

**AUTORRETRATO  
CON MASCARA**  
Martha Hincapié Charry / PERIFERIA  
dancetheatre

**03.07.  
20 Uhr**

LABOR GRAS  
Paul-Lincke-Ufer 44A, 2. Hof

Tickets: [Tanz@LaborGras.com](mailto:Tanz@LaborGras.com),  
T+49.(0)30.695.051.83

**Labor  
Gras**  
TanzBewegt.

